

# LAUREN RAKUSIN

UX RESEARCH } MENTAL HEALTH

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## EDUCATION

**University of Southern California**  
Master of Social Work, Expected 2018  
Phi Alpha Honors Society, 4.0 GPA

**University of Washington**  
M.S. Human-Computer Interaction, 2015

**University of Southern California**  
B.A. Cognitive Science, 2014, Dean's List 2012 - 2014

## EXPERIENCE

**2018 -**  
Seattle, WA

### **Community Psychiatric Clinic | Clinical Intern**

Provide psychotherapy and case management for six clients. Utilize techniques like Cognitive Behavioral Therapy, Motivational Interviewing, Mindfulness to conduct therapy, assessments, diagnoses. Participate in collaborative staff meetings to discuss important cases.

**2017 - 2017**  
Seattle, WA

### **Miller Community Center | Yoga Teacher**

Taught all levels vinyasa yoga classes, including pranayama, meditation, and mindful movement.

**2016 - 2017**  
Seattle, WA

### **Curalate | Product Designer**

Designed and implemented research study to test user-perceived accuracy of emerging computer vision technology. Improved user experience through user testing, ideation, and design.

**2015 - 2016**  
San Francisco, CA

### **IBM Watson Internet of Things (IoT) | Software Product Designer**

UX research and design. Conducted interviews, contextual inquiries; created empathy maps, journey maps, personas, and other tools that reveal pain points and opportunities to inspire design. Ideated solutions and created prototypes as part of highly collaborative team.

**2014 - 2014**  
Los Angeles, CA

### **Koshka | Front-End Design and Development Intern**

Re-designed website with collaborative team of three. Developed front-end with HTML, CSS, JavaScript. Assisted on photoshoots, post-shoot editing, created digital media advertisements.

**2013 - 2014**  
Los Angeles, CA

### **Brain & Creativity Institute | Research Assistant**

Researched neuroscience of emotion with fMRI technology and MATLAB to gather data on activity in affective brain regions. Created targeted promotional materials to recruit Mandarin, Farsi, English speaking subjects with strong political beliefs resulting in record participation.

**2012 - 2013**  
Los Angeles, CA

### **Social Networkology Study | Research Assistant**

Created blog and other promotional materials that generated 30% participatory increase. Interpreted data and presented findings to earn additional funding. Coded Facebook activity transcripts and analyzed data in SPSS to quantify and track changes in interpersonal online relationships among adolescents transitioning to college.

## TRAININGS

**Registered Yoga Teacher | RYT-200**  
**Street Yoga | Trauma-Informed Yoga Training**  
**Yoga Nidra | iRest Level I Training**

## SKILLS

UX Research & Design  
Yoga, Meditation, & Mindfulness  
CBT & Motivational Interviewing