

# LAUREN RAKUSIN

CHILD, YOUTH, & FAMILY THERAPY

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310.889.4149

## EDUCATION

### University of Southern California

Master of Social Work, Children, Youth, and Families Concentration, Expected 2018

### University of Washington

M.S. Human-Computer Interaction, 2015

### University of Southern California

B.A. Cognitive Science, 2014, Dean's List 2012 - 2014

## EXPERIENCE

2018 -  
Seattle, WA

### Community Psychiatric Clinic | Clinical Intern

Provide mental health counseling and case management for six clients. Utilize techniques like Cognitive Behavioral Therapy, Motivational Interviewing, Mindfulness to conduct therapy, assessments, diagnoses. Participate in collaborative staff meetings to discuss important cases.

2017 - 2017  
Seattle, WA

### MSW@USC | Virtual Field Practicum Student

One semester foundation intensive skill-building virtual field practicum. Practice live therapy with simulated client integrating practicum material on clinical case management skills, client risk assessment, introduction to DSM-5, ethical decision-making skills, professional code of ethics, evidence-based interventions (motivational interviewing, problem solving therapy, and cognitive behavioral therapy). Complete reflective assignments for weekly clinical supervision.

2017 - 2017  
Seattle, WA

### Miller Community Center | Yoga Teacher

Taught all levels vinyasa yoga classes, including pranayama, meditation, and mindful movement.

2016 - 2017  
Seattle, WA

### Curalate | Product Designer

Designed and implemented research study to test user-perceived accuracy of emerging computer vision technology. Improved user experience through user testing, ideation, and design.

2015 - 2016  
San Francisco, CA

### IBM Watson Internet of Things (IoT) | Software Product Designer

UX research and design. Conducted interviews, contextual inquiries; created empathy maps, journey maps, personas, and other tools that reveal pain points and opportunities to inspire design. Ideated solutions and created prototypes as part of highly collaborative team.

2014 - 2014  
Los Angeles, CA

### Koshka | Front-End Design + Development Intern

Re-designed website with collaborative team of three. Developed front-end with HTML, CSS, JavaScript. Assisted on photoshoots, post-shoot editing, created digital media advertisements.

2013 - 2014  
Los Angeles, CA

### Brain & Creativity Institute | Research Assistant

Researched neuroscience of emotion with fMRI technology and MATLAB to gather data on activity in affective brain regions. Created targeted promotional materials to recruit Mandarin, Farsi, English speaking subjects with strong political beliefs resulting in record participation.

2012 - 2013  
Los Angeles, CA

### Social Networkology Study | Research Assistant

Created blog and other promotional materials that generated 30% participatory increase. Interpreted data and presented findings to earn additional funding. Coded Facebook activity transcripts and analyzed data in SPSS to quantify and track changes in interpersonal online relationships among adolescents transitioning to college.

## TRAININGS

Registered Yoga Teacher | RYT-200

Street Yoga | Trauma-Informed Yoga Training

Yoga Nidra | iRest Level I Training

## SKILLS

Cognitive Behavioral Therapy

Motivational Interviewing

Yoga, Meditation, Mindfulness